

Meaning in Parenthood Questionnaire

Please read each statement in detail and **select ONE option regarding your level of agreement for each statement**. Options range from strongly disagree to strongly agree. **The statement on the further right indicates that you agree more with that statement.** There is no model answer. Indicate your options based on your personal feelings and thoughts.

請細閱各項陳述，然後點出一個你對各項陳述的同意程度選項，從非常不同意到非常同意，選項愈靠右表示您愈同意該陳述。各項陳述均無對錯之分，只須依照您的個人感受和想法回答

	Presence of Parental Meaning	非常 不同意 Strongly disagree	不同意 Disagree	有點 不同意 Slightly Disagree	有點 同意 Slightly agree	同意 Agree	非常 同意 Strongly agree
1.	我明白我做父母的意義。 I understand the meaning of my parenthood.	1	2	3	4	5	6
2.	我做父母沒有清晰的目標。(recoded) I do not have a clear purpose in being a parent.	1	2	3	4	5	6
3.	身為父母，我有一個清晰的目標。 Being a parent, I have a clear purpose.	1	2	3	4	5	6
4.	我清楚明白有什麼東西能令到我做父母有意義。 I understand clearly what makes my parenthood meaningful.	1	2	3	4	5	6
5.	身為父母，我已找到了一個令我滿意的目標。 Being a parent, I have found a purpose satisfactory to me.	1	2	3	4	5	6
	Search for Parental Meaning						
6.	我正在找尋一些東西可以令我感到做父母有	1	2	3	4	5	6

	意義。 I am looking for something that makes my parenthood meaningful.						
7.	我總是在尋找一些令我感到做父母有意思的東西。 I am always looking to find my purpose of being a parent.	1	2	3	4	5	6
8.	我正在為我做父母尋求一個目標或使命。 I am seeking a purpose or mission for being a parent.	1	2	3	4	5	6
9.	我正在尋找做父母的意義。 I am searching for the meaning of parenthood.	1	2	3	4	5	6
10.	我總是在尋找我做父母的目標。 I am always searching for my purpose of being a parent.	1	2	3	4	5	6

Subscale

Presence of Parental Meaning 1-5

Search for Parental Meaning 6-10

Score

Recode the item highlighted. 重新編碼所標記的項目。

Adding the score of each item 把各項分數加起

For each subscale, the scores of the five items are summed as the subscale score, higher scores indicating a higher degree of presence of meaning in parenthood or search for meaning in parenthood. 分數越高代表更高程度上確定或尋找做父母的意義

Reference

Yang, L., & To, S. M. (2022). Validation of a quantitative measure for meaning in parenthood among Chinese mothers in Hong Kong. *Asia Pacific Journal of Social Work and Development*, 1-15.